



## NEGATIVE FEELINGS

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| <b>A</b> | 1. LONELINESS<br>2. EMBARRASSMENT<br>3. DEPRESSION<br>4. ANGER<br>5. ANXIETY | 6. SELFISH<br>7. INDECISIVE<br>8. DOMINATING<br>9. COMPULSIVE<br>10. JUDGEMENT |
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| <b>B</b> | 1. GUILT<br>2. REGRET<br>3. INADEQUACY<br>4. APATHY<br>5. BOREDOM | 6. GREEDY<br>7. RUTHLESS<br>8. HATEFUL<br>9. GIVING<br>10. CRITICAL |
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| <b>C</b> | 1. DESPAIR<br>2. SELF-PITY<br>3. GRIEF<br>4. REMORSE<br>5. REJECTION | 6. REJECTING<br>7. DOUBTFUL<br>8. DISHONEST<br>9. IMMORAL<br>10. CYNICAL |
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| <b>D</b> | 1. DREAD<br>2. SHAME<br>3. IMPATIENCE<br>4. PERSECUTED<br>5. ENVY | 6. RESIGNED<br>7. SPITEFUL<br>8. FRUSTRATED<br>9. OBSSIVE<br>10. WORRIED |
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| <b>E</b> | 1. IRRITATION<br>2. JEALOUSY<br>3. POWERLESSNESS<br>4. RESENTMENT<br>5. HURT | 6. UPSET<br>7. PRIDE<br>8. VULNERABLE<br>9. KILL<br>10. DEATH |
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| <b>F</b> | 1. FEAR<br>2. UNLOVED<br>3. ABANDONED<br>4. ABUSED<br>5. SUBMISSIVE | 6. DESTRUCTION<br>7. AFFAIR<br>8. GRUDGE<br>9. BITTERNESS<br>10. SUSPICION |
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| <b>G</b> | 1. INFIDELITY<br>2. HUNGER<br>3. CONTRADICT<br>4. ARGUMENTATIVE<br>5. FIGHT | 6. PARANOIA<br>7. SEX<br>8. RIDICULE<br>9. DEMANDING<br>10. REPULSIVE |
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## POSITIVE FEELINGS

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| <b>A</b> | 1. CREATIVE<br>2. SENSITIVE<br>3. INSPIRED<br>4. IMAGINATIVE<br>5. FAITHFUL | 6. LOVE<br>7. JOY<br>8. PEACE<br>9. SERENITY<br>10. COMPASSION |
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| <b>B</b> | 1. HOPEFUL<br>2. ENTHUSIASTIC<br>3. CONTENTED<br>4. ACCEPTING<br>5. EXPECTANCY | 6. SINCERITY<br>7. HARMONY<br>8. COMPATIBILITY<br>9. CONSISTENCY<br>10. FAITHFULNESS |
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| <b>C</b> | 1. PLEASURABLE<br>2. BLISS<br>3. ELATION<br>4. ENJOYMENT<br>5. FULFILLMENT | 6. GRACIOUS<br>7. LOYAL<br>8. TRUE<br>9. DEDICATED<br>10. STEADFAST |
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| <b>D</b> | 1. AGREEABLE<br>2. GLAD<br>3. GRATIFIED<br>4. SATISFIED<br>5. PLEASED | 6. UNWAVERING<br>7. FIRM<br>8. CONSCIENTIOUS<br>9. STABLE<br>10. CAREFUL |
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| <b>E</b> | 1. JOVIAL<br>2. ADORE<br>3. DEVOTION<br>4. BIRTH<br>5. WARMTH | 6. RELIABLE<br>7. TRUST<br>8. GOOD<br>9. DEPENDABLE<br>10. HONEST |
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| <b>F</b> | 1. CHERISH<br>2. INTIMACY<br>3. FRIENDSHIP<br>4. PASSION<br>5. BENEVOLENT | 6. TRUTHFUL<br>7. MORAL<br>8. VIRTUOUS<br>9. ACCURATE<br>10. EXACT |
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| <b>G</b> | 1. TRANQUILITY<br>2. QUIETNESS<br>3. CALM<br>4. COMPOSURE<br>5. DESIRE | 6. DELIGHT<br>7. RIGHT<br>8. PERFECTION<br>9. SEX<br>10. HAPPINESS |
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